

NYCC Facilities Management- Catering - Autumn Term Menu 2019 – Single Menu

	WEEK 1 served w/c:2nd & 23rd Sept 14th Oct, 11th Nov, 2nd Dec	WEEK 2 served w/c:9th & 30th Sept, 21st Oct, 18th Nov, 9th Dec	WEEK 3 served w/c:16th Sept, 7th Oct, 4th & 25th Nov, 16th Dec
M O N D A Y	Organic Beef Meatballs in Tomato Sauce with Pasta Broccoli & Sweetcorn 50/50 Bread ***** Reduced Sugar Muffin OR Fresh Fruit or Organic Yoghurt	Pasta Bolognese Peas & Sweetcorn Tomato Bread ***** Cheese and Crackers with grapes OR Fresh Fruit or Organic Yoghurt	Cheese and tomato Pizza Italian Pasta Salad Grated Carrot Chipped Potatoes ***** Chocolate Cornflake Pudding OR Fresh Fruit or Organic Yoghurt
T U E S D A Y	Chicken Korma Rice Cauliflower & Green Beans Naan Bread **** Reduced Sugar Sticky Date & Apple Bars with Custard OR Fresh Fruit or Organic Yoghurt	Chicken Pie Roast Potatoes Medley of Vegetables Crusty Bread **** Apple Berry Fool OR Fresh Fruit or Organic Yogurt	Chicken Korma Rice Peas and Sweetcorn Naan Bread **** Reduced Sugar Iced Sponge OR Fresh Fruit or Organic Yogurt
W E D N E S D A Y	Sausage, Mash & Onion Gravy Mixed Greens Carrots Sliced Wholemeal Bread ***** Cheese, Crackers & Apple OR Fresh Fruit or Organic Yoghurt	Homemade Pork Burger in a Bun Chips Bakes Beans ***** Rice Pudding with Peaches OR Fresh Fruit or Organic Yoghurt	Sausage in a Hot Dog Bun Chips Mixed Salad and Apple Coleslaw ***** Reduced Sugar Pineapple Shortcake & Natural Yoghurt OR Fresh Fruit or Organic Yoghurt
T H U R S D A Y	Cottage Pie Broccoli & Cauliflower Crusty Bread ***** Reduced Sugar Fruity Gingerbread & Custard OR Fresh Fruit or Organic Yoghurt	Chicken Wrap Potato Wedges Green Salad **** Reduced Sugar Raspberry Bun & Cheese OR Fresh Fruit or Organic Yoghurt	Beef Hotpot Mashed Potatoes Savoy Cabbage & Carrots Sunflower Seed Bread **** Banana & Ice Cream OR Fresh Fruit or Organic Yogurt
F R I D A Y	Crispy Battered Fish Baked Beans Chipped Potatoes Sunflower Seed Bread **** Fruit Salad and Ice cream OR Fresh Fruit or Organic Yoghurt	Crunchy Salmon Nibbles OR Fish Fingers Tomato Sauce Broccoli & Carrots Chipped Potatoes Pumpkin Seed Bread ***** Reduced Sugar Oaty Apple Crumble with Custard OR Fresh Fruit or Organic Yoghurt	Fish Fingers Peas & Sweetcorn Chipped Potatoes Wholemeal Bread ***** Reduced Sugar Jam Sponge & Custard OR Fresh Fruit or Organic Yoghurt